Nougat Hearts

Step 1: Check if you have all ingredients.

Step 2: Put on a candle scented with Christmas

fragrances like vanilla.

Step 3: Activate You Tube and insert "Best of Christmas

Songs" or similar and choose the ones you like.

Now you are ready for the ultimate Christmas baking feeling!



First prepare the dough. You will need:

- 400g flour
- 2 tsp. baking powder
- 150g butter
- 150g **sugar**
- 2 small sachets vanilla sugar (a small sachet weighs around 8 grams)
- 2 **eggs**
- 1-2 additional egg yolks
- In addition, you need **nougat cream** of course. Choose the one you like most. I would recommend one without crunch but I think crunch would work as well. Just try it out.

Mix the flour and baking powder. Strain them through a sieve into a bowl. Add the butter in small pieces and sugar, vanilla sugar and eggs as well. Knead the dough thoroughly and put it in the fridge for minimum 30 minutes.

Take the dough out of the fridge and roll it to a thin dough. Cut out cookies with a heart cookie cutter. Of course you can also use other cutters, then you have nougat trees, nougat stars or similar. Just don't forget to always have a pair, otherwise it might be difficult to fill them later.

Every second cookie should be basted with a thin layer of egg yolk (this will be the top side of the finished cookies).

The cookies need a **stove temperature of 180°**C (baking function) and around **10 minutes** to be ready. Check carefully if you can move them easily on the baking paper, then they should be ready.

Let them cool down a little bit. Then baste a layer of nougat cream on one cookie and put on top one with the egg yolk. Et voilá – now you can enjoy them.

Wisamar Bildungsgesellschaft

An idea from Wisamar's Advent Calendar 2020 www.wisamar.de